



healthy soups

[packed with nutrients & antioxidants, greens & ginger]

miso soup

32 kcal €4.50

detox miso chicken gyoza noodles

251 kcal €8.00

detox miso noodle soup

190 kcal €7.40

chicken noodle soup

285 kcal €11.20

famous coconut chicken soup

376 kcal €11.20

veggie balls & coconut soup ve tastier veggie balls

285 kcal €11.20

gyoza & bao

[with free gyoza dipping sauce]

veggie gyoza ve tray of 8

234 kcal €7.40

chicken gyoza tray of 8

251 kcal €10.40

prawn gyoza tray of 8

257 kcal €10.40

hoisin duck bao tray of 3

294 kcal €7.40

adults need around 2000 kcal a day





brown rice bowls

[brown rice with nutritious greens, herbs & ginger]

chicken teriyaki

double chicken teriyaki

triple chicken teriyaki

spicy chicken teriyaki

veggie balls teriyaki ve tastier veggie balls

grilled katsu chicken curry

spicy korean chicken

Thai chicken curry

new **Thai salmon curry**

new **Thai veggie balls curry** ve tastier veggie balls

miso salmon rice salad

479 kcal €15.20

619 kcal €18.60

707 kcal €20.60

525 kcal €15.20

674 kcal €12.20

507 kcal €15.20

578 kcal €15.20

651 kcal €15.20

736 kcal €21.60

519 kcal €17.90

506 kcal €20.10

add soft poached egg v

32 kcal €3.10

add 2 dumplings chicken

63 kcal €3.10

add 2 dumplings veggie ve

58 kcal €2.00

add 2 veggie meatballs ve

67 kcal €3.10



noodles

[steamed noodles with nutritious greens]

Thai noodles

katsu curry noodles

Korean spicy noodles

veggie gyoza noodle bowl ve

chicken gyoza noodle bowl

prawn gyoza noodle bowl

chargrilled chicken (with noodles & greens)

chargrilled chili'chicken (with noodles & greens)

545 kcal €12.60

451 kcal €13.30

549 kcal €13.30

423 kcal €13.20

455 kcal €15.30

423 kcal €17.90

422 kcal €17.90

474 kcal €17.90

add chargrilled chicken 97 kcal €5.70 add soft poached egg v 32 kcal €3.10
add 2 veggie'balls ve 67 kcal €3.10

selection of coffees & teas available

